

The mission of the Center for Narrative Practice is to work with narrative and creativity to make the world more humane, accepting, and moral, and to aid individuals in becoming more engaged participants in their lives and careers.

About Center for Narrative Practice

The Center for Narrative Practice provides deep critical training in how stories work, both personally and culturally, and the ability to apply this knowledge to everyday life by using narrative practice, the creative arts, and the study of story as a bridge towards deeper connections in inter-disciplinary and inter-professional education.

For information: info@narrativepractice.org, or call us at 857.488.3515

About Arts Practica

Arts Practica is a medical education consultancy committed to healthcare quality improvement through arts learning experiences. Arts Practica creates workshops helping healthcare providers across disciplines practice art-viewing to be more mindful observers and to enhance the human capabilities associated with accurate diagnoses and effective communication.

For information, visit www.artspractica.com

**Center for Narrative Practice
89 South Street, Suite 203
Boston, MA 02111**

TO:



**Aesthetic Attention:
Art in Clinical Practice**

**November 13-14, 2015
Boston, MA**

**Co-Hosted
By**



Overview:

- Co-hosted by Arts Practica. Led by Alexa Miller, MA, and Amy Ship, MD, MA
- Two-day workshop provides an intensive introduction to key clinical perception skills
- November 13 takes place at the CNP classrooms; November 14 takes place at the Museum of Fine Arts, Boston.
- Open to healthcare providers across disciplines. No experience with art necessary
- \$650 tuition (includes museum fee for Nov 14)

Course Description:

The goal of this workshop is to improve knowledge, skills, and self-awareness with regards to four key skills at play in expert clinical perception: attunement, representation, flexible thinking, and group communication ("aesthetic attention"). Through a series of closely linked clinical didactics and immersive arts experiences, participants will practice key perception skills in up-close encounters with works of art, examine their clinical implications, reflect on their own perception habits, and take away specific techniques they can apply. The second day of the workshop will take place interacting with great works of art in the galleries of the Museum of Fine Arts, Boston.

Clinical perception can make or break us. Discerning perception skills are foundational to diagnostic accuracy, patient satisfaction, effectiveness in teams, and professional wellness. At the same time, misperception can be difficult to gauge, and is a factor in failures in healthcare, such as misdiagnosis. No previous experience with art is necessary. Join us to enhance your own art of seeing patients!

Space limited to ensure up-close work with the program leaders.

Learning Objectives:

As a result of participating in this activity, learners should be able to:

1. Analyze their own practice of seeing using two frameworks: the skills of seeing (attunement, representation, flexible thinking, and group communication) and strategies for detecting bias ("cognitive dispositions to respond")
2. Look, listen and take in information with deliberate strategies and increased self-awareness
3. Communicate within groups with confidence in the perspectives of others
4. Formulate specific goals for applying aesthetic skills to practice
5. Access a community of practitioners working towards similar goals in practice

Faculty:

Alexa Miller, M.A.

Arts Practica founder Alexa Miller is a medical educator and nationally recognized expert in aligning medical training with visual art. A co-creator of Harvard Medical School's Training the Eye: Improving the Art of Physical Diagnosis, Alexa has written and contributed to research in peer-reviewed publications, taught undergraduate courses in Education at both Brandeis University and at Wellesley College, and formerly served as curator of education at the Davis Museum, Wellesley College.

Amy Ship, M.D., M.A.

Amy Ship is a primary care doctor at Beth Israel Deaconess Medical Center and an Assistant Professor of Medicine at Harvard Medical School. She has completed fellowship training in medical education, and teaches learners at all levels, locally, and nationally. At BIDMC, she directs the Katherine Swan Ginsburg Program for Humanism in Medicine. She has a Master's degree in the History of Art, and facilitates workshops using the visual arts and literature to enhance empathy, and expand cognitive strategies.

Program Schedule:

Fri, Nov 13, 2015 – CNP Classrooms

8:30a - 9:00a	Registration and Breakfast
9:00a - 9:30a	Introductions and Objectives
9:30a - 10:30a	Perception and aesthetic attention (didactics & exercise)
10:45a -12:00p	Attentive practice in the clinic (didactics and exercise)
12:00p - 1:00p	Lunch
1:00p - 2:15p	Attunement and conditions for success (didactics & exercise)
2:30p - 3:30p	Representation and ethical implications
3:30p - 4:00p	Aesthetic qualities and how they communicate/Wrap-up

Sat, Nov 14, 2015 – Museum of Fine Arts, Boston

10:00a - 10:15a	Meet and Regroup
10:15a -11:00a	Arts exercise and debrief on flexible thinking
11:00a - 11:45a	Arts exercise and debrief on group communication
11:45a - 12:15p	Perception and its influence on clinical judgment
12:15p - 1:15p	Lunch
1:15p - 1:45p	Aversions and enchantments (exercise)
1:45p - 2:45p	Difficult patients, likeable patients, the eye of the beholder (Cognitive Dispositions to Respond)
2:45p - 3:15p	Aesthetic attention in the clinic and time management
3:15p - 4:00p	Intentions for future practice, resources